

#### **NEXT WEEKS MENU...**

**WELL DONE!!** 

## WHAT'S FOR LUNCH? WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Roasted Tomato & Vegetable Sauce with Pasta	Berbere Chicken Thigh Traybake with Sweet Potato, Orange & Chickpea	Creamy Sweetcorn & Tuna Pasta Bake	Beef Burger	Fish Goujons
MAIN (OPTION 2)	Red Pesto & Crème Fraiche Sauce with Pasta	Berbere Cauliflower Thigh Traybake with Sweet Potato, Orange & Chickpea	Roasted Tomato & Vegetable Sauce with Pasta	Carrot, Chickpea & Coriander Burger	Roasted Pepper, Onion & Cheddar Frittata
SIDES Where main includes, portion will be offered as optional extra	Mixed Lettuce, Cucumber, Olive & Tomato Salad	Tomato & Berbere Spiced Rice	Mixed Lettuce, Cucumber, Olive & Tomato Salad	Roasted Vegetable Couscous	Potato Wedges
VEGETABLES	Steamed Peas	Garlic Green Beans	Steamed Broccoli	DIY Toppings: Lettuce Tomato	Steamed Carrots
BREAD	Garlic & Herb Focaccia		Garlic & Herb Focaccia	Homemade Burger Bun	I
DESSERT	Fresh Fruit or Yoghurt	Wholemeal Digestive Biscuits	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Apple Crumble & Custard

OUR VISION ACHIEVEMENT FOR ALL IN A UNIQUE WORLD-CLASS SCHOOL

# **UPCOMING EVENTS**



#### SENCo & Safeguarding/Welfare Officer DROP-IN sessions for Parents

Our SEND Lead, Ms Sagan and our Safeguarding and Welfare Officer, Ms Napier are delighted to invite parents to drop-in sessions every other Thursday between 2.15pm and 3.15pm. The next drop-in session will be taking place next Thursday 19th October 2023.

This will be an ideal opportunity to have an informal talk, ask questions and to find out about services that are available in the borough.

Please feel free to bring along any forms that you might need help with completing or just come along for tea, coffee, and biscuits.

We very much hope you can attend, and we look forward to meeting you on the following dates:

> 19th October 2nd November 16th November 30th November 14th December



#### YEAR 7 PARENT / CARER COFFEE MORNING

Ms Motin and Ms Claire Napier would like to give year 7 parents and carers the opportunity to meet each other and ask questions.

 17 October 2023 – Getting to know each other

- 7 November 2023 Do you know what's on offer through your borough?
- 28 November 2023 Support for SEN on medical visits and DLA entitlement for your child

\*Refreshments will be available\*

This is being hosted at Stormont House School from 9am – 10am Please contact the school on 020 8985 4245 or email info@stormonthouse.hackney.sch. uk to confirm your attendance

OUR VISION ACHIEVEMENT FOR ALL IN A UNIQUE WORLD-CLASS SCHOOL

Dear Parents and Carers,

The news from Israel-Palestine is very difficult to watch and upsetting for children and adults alike. Below are some links to resources that might help you talk with your child, who may have been affected but not able to express their feelings very easily.

Please click on the links below for more support.

<u>Guidelines for School Staff and Parents on Helping Children Deal</u> with Fears and Anxiety about War and Conflict

<u>Support to explain the difficult concepts associated with current</u> <u>events</u> - news delivery designed for children and young people and provided by Newsround

Advice for children and young people if they are upset by the news
- provided by Newsround

**Place2Be** - Talking to children and young people about war and conflict

Guardian article from February 2022 which was related to the Ukraine war - <u>'A delicate balance': experts' tips on dealing with</u> <u>Ukraine anxiety in children | Children | The Guardian</u>

After the event - Supporting children after the event

OUR VISION ACHIEVEMENT FOR ALL IN A UNIQUE WORLD-CLASS SCHOOL



# E-SCOOTERS NOT ALLOWED

Riding an E-Scooter on a public road or pathway is an illegal offence, therefore they are strictly banned from school grounds.

Please do not allow your child to ride their E-Scooter to school.

For more information, please click <u>here</u>

OUR VISION ACHIEVEMENT FOR ALL IN A UNIQUE WORLD-CLASS SCHOOL



**Anna Freud** National Centre for Children and Families

# Talking mental health with young people at secondary school



Some advice for parents and carers

#### TO ACCESS THIS SUPPORT GUIDE, YOU CAN CLICK <u>HERE</u>

If you'd like to access more mental health resources, you can find these <u>www.annafreud.org/</u>

**OUR VISION** ACHIEVEMENT FOR ALL IN A UNIQUE WORLD-CLASS SCHOOL

23 - 26 October



FREE-OF-

CHARGE

# HALF TERM SPORTS 72(1)72=}

The Access to Sports Project are offering a range of Sports Activities for young people aged II - 25 (SEN/LDD Applicants only)

Dates: Monday 23 - Thursday 26 October 2023 Time: 2pm - 4pm Venue: Stormont House School, E5 8NP



For more information and Book Online: www.accesstosports.org.uk/bookings

OUR VISION ACHIEVEMENT FOR ALL IN A UNIQUE WORLD-CLASS SCHOOL

Are you aged 16-25 with Special Educational Needs?

#### Are you interested in finding a paid job?

# Hackney Supported Internships Information Event for young people and parents

Are you between 16–24 years old with a learning disability and/or autism? Are you a Hackney Resident? Do you want to complete a programme with real work experience leading to a paid job? Do you have a EHCP (Educational Health Care plan)?

Then a supported internship could be for you! This event is to enable young people and their parents/carers to find out more about Hackney Education's Supported Internships:

Ellingham Employment Services Hackney commissioned Supported Internship program.

Project Search Supported Internships commissioned by Hackney Council's Supported Employment Team at Homerton Hospital or Hackney Council.

Your chance to find out what's on offer and speak to the teams from both projects.

#### Thursday 19th October, 5.00 - 6.30pm

Stormont House School Downs Park Rd, Lower Clapton, London E5 8NP.





