



# Stormont House School Matters

Our vision

Achievement for all in a unique world-class school

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## Ex-Student Makes a Splash in Central London - Lumiere London



In 2011 Stormont House School students took part in the 'Ron Haselden GAMES Schools Drawing Experience' this was part of the lead up to the 2012 Olympic Games - the project included children from five Olympic boroughs who worked with the artist Ron Haselden. The aim of the project was to bring sports and art together in a fun and informative way. It highlighted the importance of sport and aimed to educate students about drawing, animation and the human body in action.

The students took part in two workshops where they produced a sequential strip of drawings on the theme of the GAMES. All of the student's drawings were exhibited at Stratford Circus Arts Centre. Aaron's sequential drawing was selected to be made into a light sculpture which was originally exhibited at Diespeker Wharf in February 2012.

If you would like to see the original light sculpture it is available at the following link:

<https://vimeo.com/38445368>

From 14 - 17 January 2016 the light sculpture has been put on display at Kings Cross Pond Club as part of a weekend festival of lights, where light structures were displayed on Oxford Street, the Mall, Piccadilly and Regent Street. The exhibits were displayed each night from dusk until 10.30pm - 30 light-based artworks were displayed across buildings which included Westminster Abbey, light structures were displayed in Trafalgar, Grosvenor and Leicester squares.



## Year 12 'On the Slide' with UK's First Gladiator Champion



Tasha Danvers Olympic Medallist trying out sliding

The Year 12 students have found this activity to be very strenuous - they definitely know that they have done a work out when the session is completed.

Mr Hajdrych will use the boards with the other classes at a later stage in the term.

Since the beginning of the Spring term the Year 12 students have been experiencing a new and different sport to Stormont House School 'Weininger Resistance Sliding'. The sessions are being taught by Weininger Irwin who was the UK's first Gladiator Champion - (Gladiator's was a TV programme which began in 1992).

We have purchased 12 sliding boards so the Year 12's can experience this effective form of sports activity, sliding is low impact and requires no jumping, only the use of your core, hamstrings, gluteal muscles and quads to move you forward and back through moves such as seated slides, partner-pulling and sliding squats.



## Healthy Eating with the Sixth Form



Year 12 are currently attending a series of healthy eating workshops every Friday in the Spring Term. The aim of the sessions is to teach the students how to make healthier versions of their favourite foods e.g. chicken and chips.

So far 12C have made pizza with wonderfully healthy toppings and 12H have made meatballs with a tomato sauce and garlic bread balls as a side dish.

**Year 11 and 12 have Functional Skills English exams scheduled for the week beginning 8th February**

## Dates for Your Diary



### Spring Term 2016

Year 11 Work Experience - Monday 11 - Friday 22 January 2016

Monday 25 January - Year 8 Girls HPV Immunisation

Monday 25 January - Year 10 Booster Immunisations

**Half Term - Monday 15 - Friday 19 February 2016**

Thursday 3 March - World Book Day

Wednesday 9 March - Year 8 Visit to the Tower of London

Monday 14 March - Year 8 trip to the British Museum

Friday 18 March - Sports Relief Day

Wednesday 23 March - Spring Term Reward Outing Day

**Thursday 24 March - Last day of the Spring Term - 1.15pm Finish**