LifeSkills Challenges: Tidying A Room

Carry out these challenge tasks in discussion with a responsible adult. Document what you do with photographs/ selfies of each stage of the process.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **1** | ✓ | **2** | ✓ | **3** | ✓ |
| **Help to tidy a room** eg, put away items, plump cushions, straighten furniture; use a duster; use a vacuum cleaner; clean windows. |  | **Choose one room to tidy independently**eg, make a choice about which room needs tidying; gather any cleaning products you need; straighten, put away items, dust, vacuum, etc.  |  | **Give your bedroom a ‘spring clean’. If you share this space, make sure you discuss your plans with others and negotiate to best time to carry out your challenge.** |  |
| **How well did you do?** |  | **How well did you do?** |  | **How well did you do?** |  |
| **How would you like to improve on this?** |  | **How would you like to improve on this?** |  | **How would you like to improve on this?** |  |
| **Repeat this challenge** |  | **Repeat this challenge** |  | **Repeat this challenge** |  |
| **How well did you do?****How often should this type of cleaning be done?** |  | **How well did you do?****How often should this type of cleaning be done?** |  | **How well did you do?****How often should this type of cleaning be done?** |  |