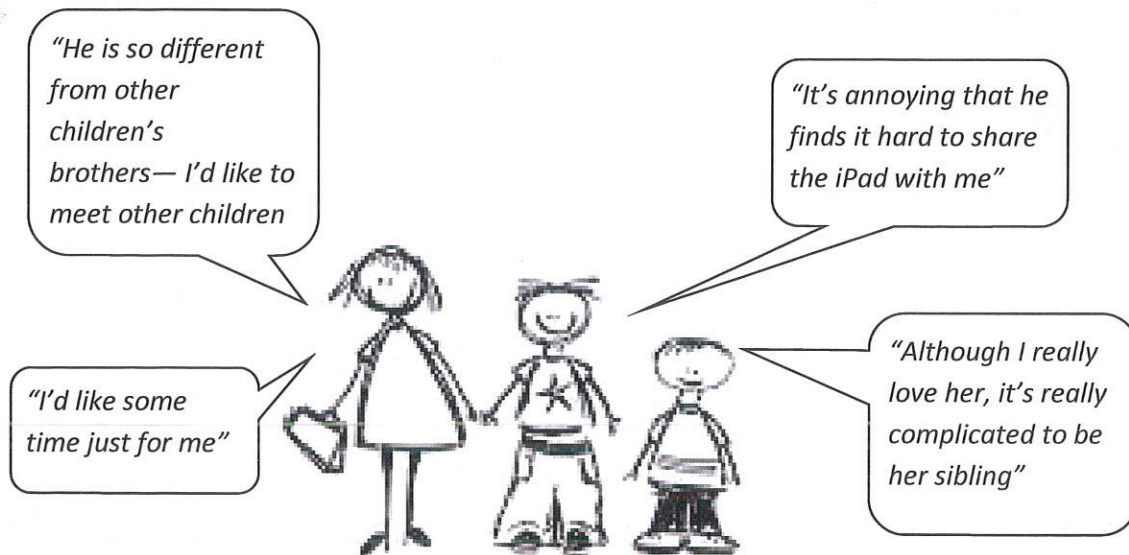


Siblings Group

*For siblings aged 6-10 years old who have a
brother or sister with a disability*



The aims of this siblings group are for children to:

- Meet other siblings and talk about their experiences in a fun & non-judgemental environment
- Use art, play and movement to express their thoughts and feelings

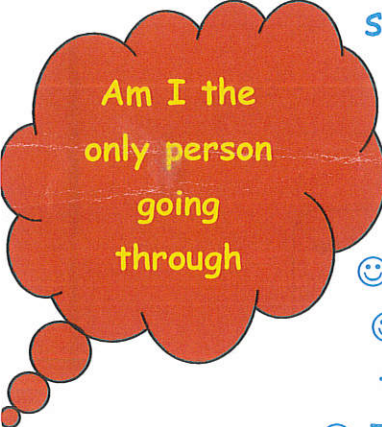
If you think your child would like to attend, please contact

***Natalie Roswess – Bruce or Phoebe Neville (CAMHS Disability Team) on
0207 014 7071***

SIBLINGS GROUP

Who is it for?

Young people aged 11-19 with brothers or sisters receiving care at Hackney Ark



Am I the only person going through

What's it all about?

- ☺ Discussing issues that concern you
- ☺ Making friends and meeting people your age
- ☺ Using resources and playing games such as table tennis, snooker or basketball
- ☺ Thinking about disability and how it affects you
 - ☺ Getting things off your chest in a safe, non-judgemental environment

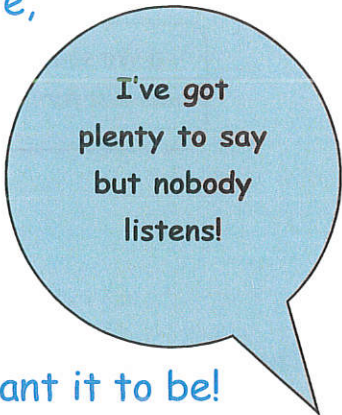


It's never about ME!

Why should I come?

It is a chance to meet brothers and sisters in a similar situation to you

You can help to make this group as good as you want it to be!



I've got plenty to say but nobody listens!

When and where?

We hold the group every school holiday and it is usually at Hackney Quest



Please call Hannah Howes or Natalie Roswess - Bruce CAMHS Disability Team in Hackney Ark if you're interested on 020 7014 7071