## Stormont House School



## Ebere Uchegbu-Elechi

Year 10


#### Abstract

Shauna is an extremely talented indoor rower who has become a role model to the other rowers in the school team, spurring them on to greater success. This year Shauna joined the Lea Rowing Club and has taken part in competitions on the water, in her last competition in Bexley she placed 8th out of a mixed field of 50 boys and girls. Out of the girls that took part in the competition Shauna came out in 1st position. She is totally committed to becoming the best rower that she can be. Shauna is $100 \%$ reliable and is an enthusiastic team member with an outstanding attitude towards sport and encouraging her fellow team mates. Shauna is a tremendous ambassador for our school.


Ebere is a young man with cerebral palsy, and he is also a young man with a vast amount of determination to succeed. He was selected to compete in the Hackney Panathlon Challenge team, where he proved to be an excellent Boccia player. Ebere also took part in the London Youth Games 2011 by being of a member of Hackney Borough team playing Boccia. Ebere enjoys and participates in as many elements of the PE curriculum that he can, to the very best of his ability, he is a very good team member who is committed to doing his best for the team .

## Upcoming Events

Monday 12 March Governing Body Meeting 5.30 - 8.00pm

- Year 7 visiting Cadogan Hall 11.45am-3.30pm
- Year 9 visiting Royal Academy of Arts 9.30am-3.00pm

Tuesday 13 March - St Patricks Day Performance 11.50am-12.15pm

- East London Panathlon Finals

Wednesday 21 March - KS4 English GCSE Entry Level Exam - (Y11) 9.00-11.30am

- Functional Skills ICT Exam (Y11) - 1.30-3.30pm

Friday 23 March - National Indoor Rowing Competition at Lea Valley Athletic Centre

## School Meals

In the last school survey some parents / carers asked for details of our school meals. We operate a three week 'rolling' menu, although this is in the process of being reviewed for next term, the current menu for next week is reproduced opposite. There are usually three choices (always at least one vegetarian) of main meal, plus jacket potatoes and salads available each day. Dessert is usually a pudding / cake or fruit, sometimes we serve jelly and occasionally ice cream! Having choices can sometimes be difficult as some days everyone seems to want the same thing, and unfortunately by the time the last group go to collect their meal the choice may be limited. The school council are involved in putting forward suggestions for how this can be resolved and are also suggesting menu options.


| WEEK 1 |
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| MONDAY |
| Spaghetti Bolognaise or Quorn Bolognaise or Bean Cauliflower Bake |
| Green Beans Sweet Corn |
| Boiled Potatoes |
| Jacket Potato with Cheese \& Baked Beans |
| Bread 4 Salads |
| Branflake Cookies \& Custard or Fresh Fruits or Strawberry Mousse |
| TUESDAY |
| Caribbean Fish or Stuffed Peppers with Rice or Beef Teriyake |
| Country Veg Mashed Potato Sweet Potato |
| Jacket Potato with Tuna Sweetcorn |
| Bread 4 Salads |
| Sultana Sponge \& Custard or Fresh Fruit Salad or Fresh Fruits |
| WEDNESDAY |
| Lamb Curry or Quorn Curry or Alu Chat |
| Rice |
| Green Beans Carrots |
| Jacket Potato with Cheese \& Baked Beans |
| Bread 4 Salads |
| Banana Sponge \& Custard or Fresh Melons or Fresh Fruits |
| THURSDAY |
| Roast Pork or Cous Cous or Spicy Noodles |
| Cabbag |
| Roast Potato |
| Jacket Potato with Tuna Sweetcorn |
| Bread 4 Salads |
| Apple Crumble \& Custard or Ice Cream or Fresh Fruits |
| FRIDAY |
| Salmon Fish Cake or Vegetable Burgers or Christophine with Butternut |
| Squash |
| Peas Corn |
| Chips |
| Jacket Potato with Cheese \& Baked Beans |
| Bread 4 Salads |
| Wheat Crunch \& Custard or Yoghurt or Fresh Fruits |

## Assembly

On Tuesday 13 March we celebrate St Patrick Day by watching a performance by the St Patrick Dance Troupe in assembly. Parent/carers are welcome to come and join us from 11.50am - 12.15pm


## East London Panathlon Finals

Stormont House School will be competing as part of the London Borough of Hackney Team for the second time running in the East London Panathlon Finals on Tuesday 13 March. They will be competing in events such as Football, New age Curling, Table Top Games and Athletics. Watch this space for further details on the results!

## Term dates for Pupils

Friday 30 March - End of Spring term - school closes at 1.15pm
Tuesday 17 April - Pupils return to school for the Summer term
Monday 4 June - Friday 8 June - Half term
Monday 11 June - Pupils return to school after half term


Please Note: School will close to pupils earlier than the original end of Summer term date to prepare for demolition! Please watch this space for further details.

