OUR VISION
ACHIEVEMENT FOR ALL IN A UNIQUE WORLD-CLASS SCHOOL

WEEK ENDING 02/02/2024

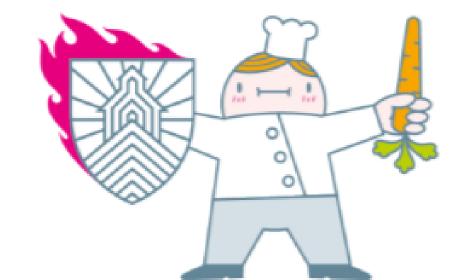






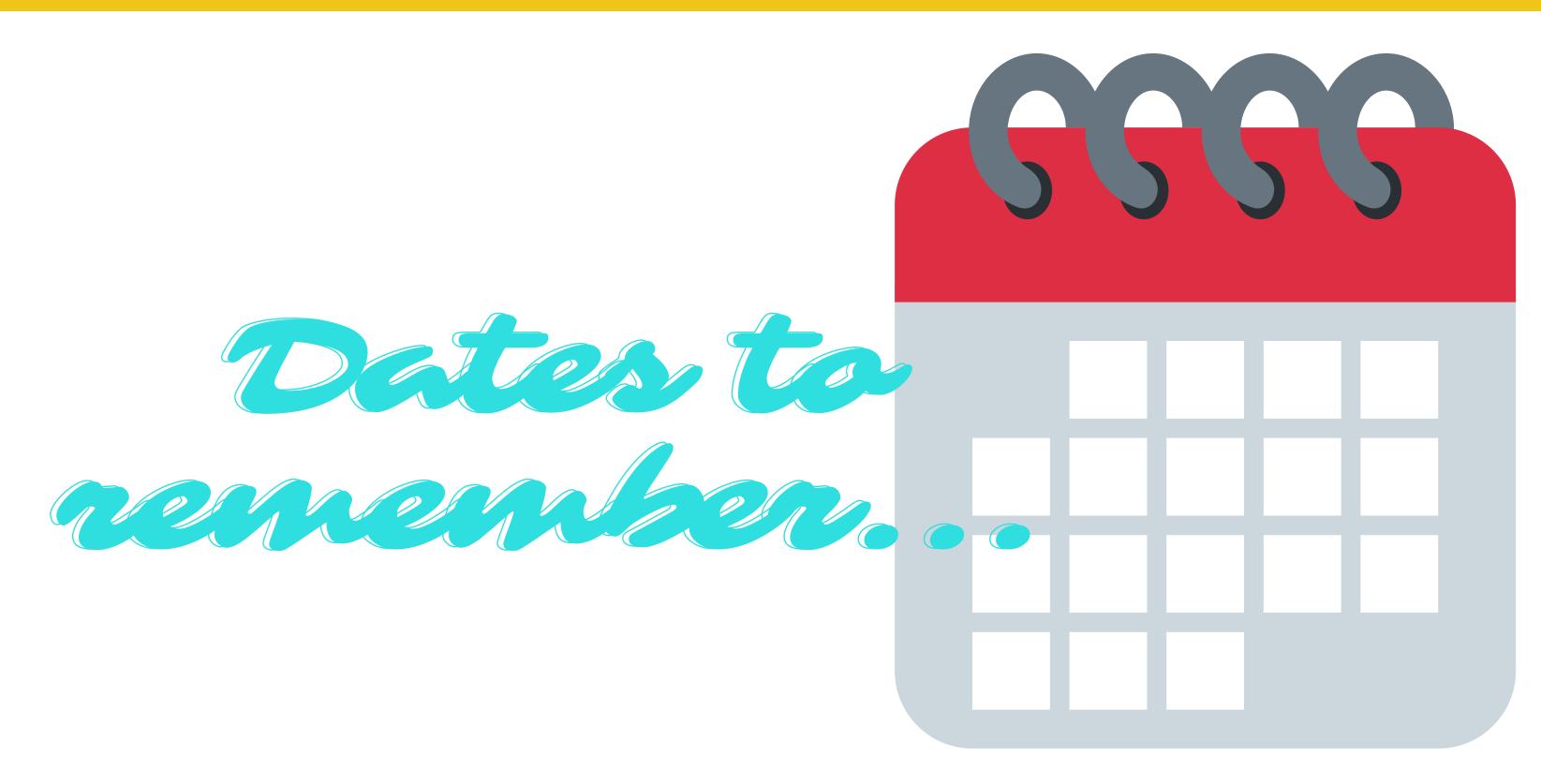
THIS WEEKS MENU

WHAT'S FOR LUNCH? WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Sweet Potato Mac & Cheese	Salsa Verde Grilled Butterflied Chicken Fillet	Mushroom, Onion, Pepper & Cheddar Quesadilla	Beef Lasagne	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Roasted Vegetable & Tomato Sauce with Fusilli	Berbere Spiced Cauliflower Steak	Pepper, Sweet Potato & Bean Chilli	Lentil Lasagne	Vegetable Sausage Roll
SIDES Where main includes, portion will be offered as optional extra	Cucumber, Olive, Tomato & Basil Salad	Roasted New Potatoes Mixed Salad Leaves	Peri Peri Rice with Kidney Beans	Mixed Lettuce, Red Onion, Orange, Avocado, Cucumber Salad	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Green Beans with Mint	Paprika Roasted Sweetcorn	Balsamic Roasted Beetroots	Roasted Broccoli
BREAD	Garlic & Thyme Focaccia	Garlic & Thyme Focaccia	Tortilla Bread	Garlic & Thyme Focaccia	Wholemeal Bread
DESSERT	Fresh Fruit or Yoghurt	Apple & Raisin Flapjack	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Pomegranate & Orange Cake

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COFFEE MORNING FOR PARENTS / CARERS

MONDAY 5 FEBRUARY 2024 FROM 9.30 AM — 11.00AM

CELETERM...

Friday 9 February 2024 @3pm

All students return to school on Monday 19 February 2024

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Year 7 and Year 8 were invited to
Young Hackney for the Hackney
Junior Citizen trip where they learnt
about travel safety, fire safety and
mental health and wellbeing. This was
delivered by London Fire Brigade,
Metropolitan Police and Young
Hackney. All students had a great





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Autistic friendly news

Click on the link to see the latest edition of the autistic friendly neighbourhoods newsletter

The NHS are looking for young people to be a part of a campaign to change how autism and neurodiversity is represented in City and Hackney.

Any one who takes part will receive a £20 Amazon voucher – find out more here

Hackney Museum is officially autistic friendly – find out more about our <u>City and Hackney autistic</u> <u>friendly standards and how to sign up</u>

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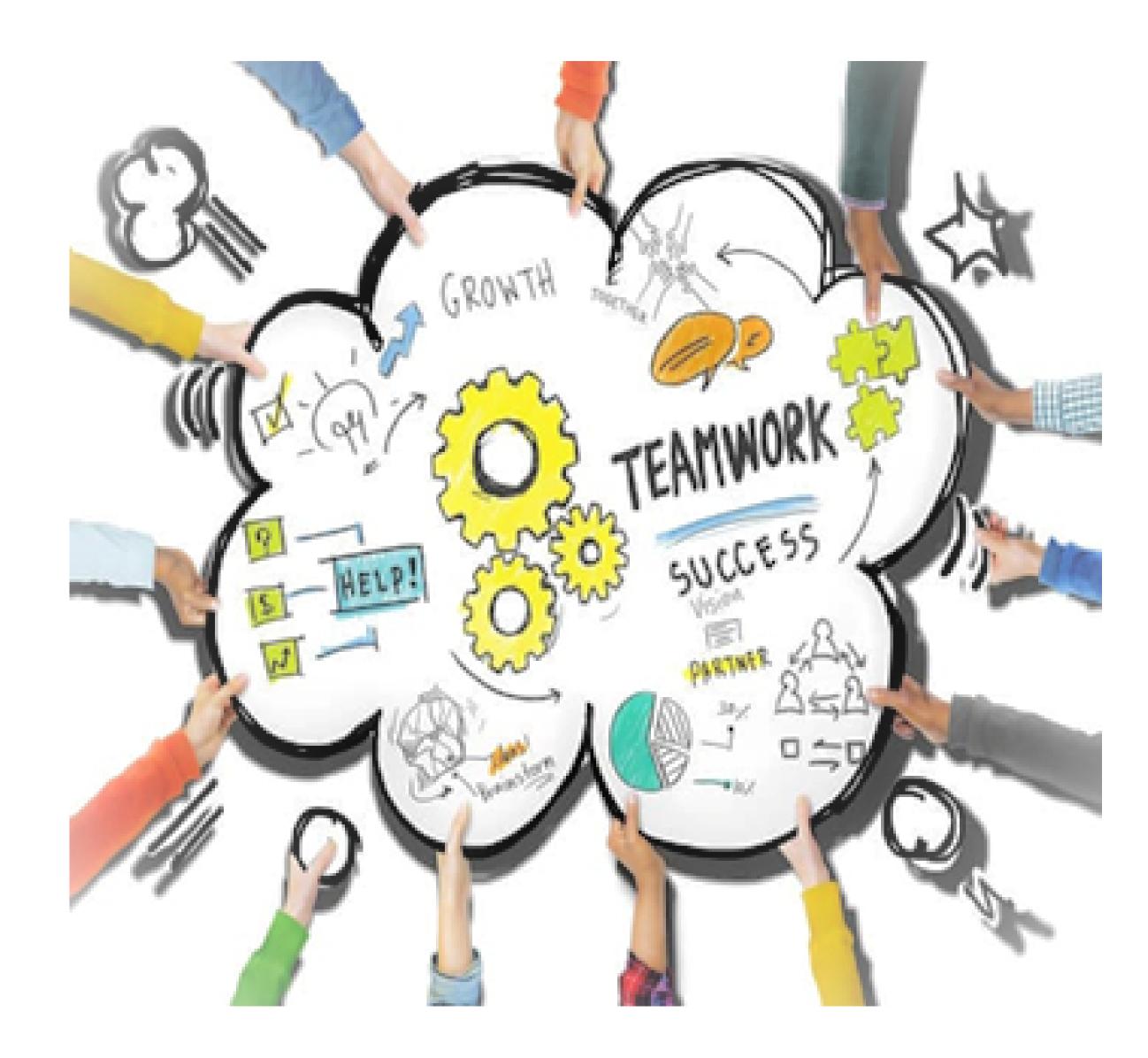


On Wednesday 31st January some of our Year 8 and 9 students participated in the Cooking Masterclass as part of the 'Know Your Onions' project. The project gives secondary school students an opportunity to try cooking and growing to stimulate an interest in food and a love of the natural world. Students learn to plant fruit and vegetables in their school gardens, which they then sell at their local street market. Along the way, they visit a nearby market garden to see the professionals at work and have a cooking masterclass with tasty vegetable dishes.



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SENCo & Safeguarding/Welfare Officer DROP-IN sessions for Parents



OUR SEND LEAD, MS SAGAN AND OUR SAFEGUARDING AND WELFARE OFFICER, MS NAPIER ARE DELIGHTED TO INVITE PARENTS TO DROP-IN SESSIONS EVERY OTHER THURSDAY BETWEEN 2.30 PM AND 3.15 PM. THE NEXT DROP-IN SESSION WILL BE TAKING PLACE NEXT THURSDAY 8TH FEBRUARY. THIS WILL BE AN IDEAL OPPORTUNITY TO HAVE AN INFORMAL TALK, ASK QUESTIONS AND TO FIND OUT ABOUT SERVICES THAT ARE AVAILABLE IN THE BOROUGH. PLEASE FEEL FREE TO BRING ALONG ANY FORMS THAT YOU MIGHT NEED HELP WITH COMPLETING OR JUST COME ALONG FOR TEA, COFFEE, AND BISCUITS. WE VERY MUCH HOPE YOU CAN ATTEND, AND WE LOOK FORWARD TO MEETING YOU ON THE FOLLOWING DATES:

08.02.2024

22.02.2024

07.03.2024

21.03.2024

MAYOR MUSIC AWARDS

We are very proud to announce that at the recent Hackney Music Service Gala, for the Mayor's Music award, a prize was presented to Alisha in year 8 for "Musical Achievement and Instrumental Learning". The prize was presented to Alisha by Councillor Sheila Suso-Runge, on behalf of the Hackney Mayor, Joanna Woodley. This fantastic prize will enable Alisha to continue her studies on the piano with individual piano tuition and it will give her opportunities to attend borough ensembles, to have performance opportunities as well as to attend holiday music courses.

Also present at the Gala alongside Alisha, were her parents and her very proud music teachers Ms Cross and Mr Harries, who put forward her nomination for this prize.

We are looking forward to hearing more from Alisha as she progresses with her piano and singing studies.

We are immensely grateful to the Mayor, to the Hackney Music Service, Xanthe Sarr and James Thomas and to the panel who awarded the prize but above all, to Alisha for her hard work and dedication.

Well done Alisha, we are delighted with your success.







9B is Helping to Boosting Your Mental Health & Wellbeing!

Last term, we had the chance to focus on how important good Mental Health and Wellbeing is.

Our challenge was to design a pitch showing

how we would use £500 to improve the Mental Health and Wellbeing of the students in our school.

We said -

When we have had a lot of rain – and sometimes there's a lot because it's winter – it means 'Wet Break' and 'Wet Lunch'.

To keep our minds healthy and ready to learn, we need to share some fun, to have a break and some laughs. We need our minds to be active and stimulated so we are ready to learn when the time comes.

We said that if we had £500, we would like to invest in some games and activities.

We said we would be careful to choose inclusive activities for all our students to use during 'wet breaks' and 'wet lunches'.

Our pitch was successful! We won £500!

Thank you to Sein'cere White-Morgan & **WOLUNIEERING>MATTIERS** for this opportunity.

This is how we spent it...

















