LifeSkills Challenges: Clothing

Carry out these challenge tasks in discussion with a responsible adult. Document what you do with photographs/ selfies of each stage of the process.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **1** | ✓ | **2** | ✓ | **3** | ✓ |
| **Help to choose the right clothes for the occasion**  eg, You are helping out at home doing some housework; you are going to college, it’s your first day; you are going to a special party. |  | **You need to get ready independently for ‘a special occasion’. Ask an adult to suggest an occasion and you need to lay out, or change into, clothes that are appropriate.** |  | **You need to get ready independently for a special occasion. Work out how much time you will need to be ready on time. Brainstorm all the steps you must take in order to be ready. List these steps in order.** |  |
| **How well did you do?** |  | **How well did you do?** |  | **How well did you do?** |  |
| **How would you like to improve on this?** |  | **How would you like to improve on this?** |  | **How would you like to improve on this?** |  |
| **Repeat this challenge** |  | **Repeat this challenge** |  | **Repeat this challenge** |  |
| **How well did you do?** |  | **How well did you do?** |  | **How well did you do?** |  |