

STORMONT HOUSE SCHOOL MATTERS

OUR VISION
ACHIEVEMENT FOR ALL IN A UNIQUE WORLD-CLASS SCHOOL

WEEK ENDING 20/03/2026

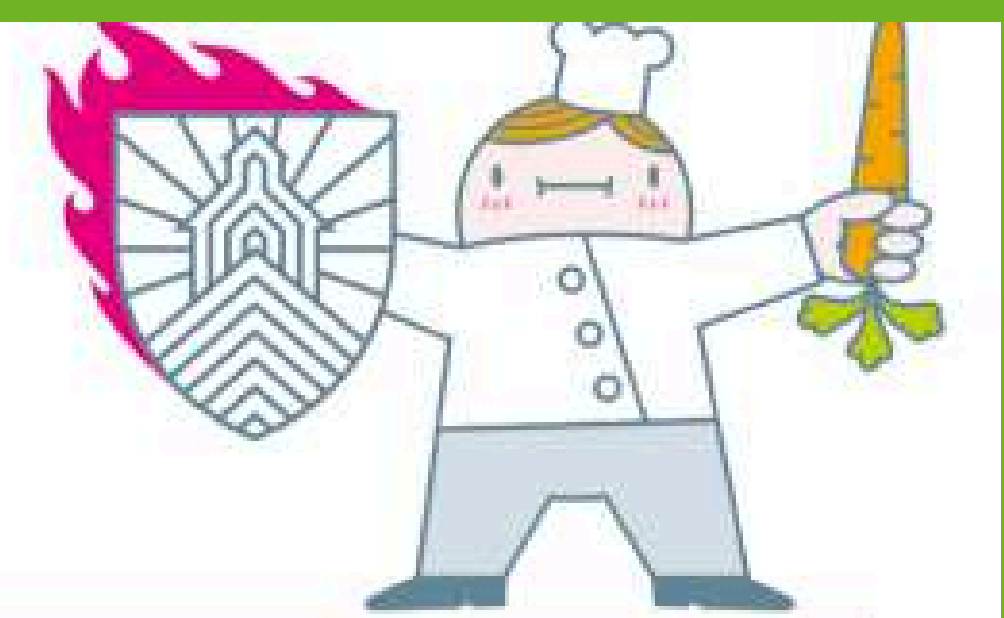


Next weeks homework...



WHAT'S FOR LUNCH?

NEXT WEEK



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|---|
| MAIN (OPTION 1) | Basil Pesto & Crème Fraiche Fusilli OR Roasted Vegetable & Tomato Sauce Fusilli | Chicken, Pepper & Sweet Potato Tikka Curry | Creamy Pumpkin & Mascarpone Sauce with Rigatoni Pasta | Beef Sausages | Panko Breaded Coley Goujons |
| MAIN (OPTION 2) | Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese | Chickpea, Pepper & Sweet Potato Tikka Curry | Prawn, Garlic, Chilli & Tomato Sauce with Rigatoni Pasta | Vegan Sausages | Chunky Roasted Vegetable Lasagne |
| SIDES <small>Where main includes, portion will be offered as optional extra</small> | Gem Lettuce, Plum Tomato, Cucumber, Olive & Balsamic Glaze | Steamed Basmati Rice | Rocket Leaves, Cherry Tomato, Avocado, Cucumber & Balsamic Glaze | Vegetable Gravy | Roasted New Potatoes with Fresh Herbs Mixed Salad Leaves |
| VEGETABLES | Steamed Peas | Onion & Spinach Bhaji | Steamed Tenderstem Broccoli & Beans with Basil, Lemon & Garlic | Mashed Potato Roast Carrots & Parsnips | Roast Broccoli |
| BREAD | Garlic & Herb Focaccia | | Garlic & Herb Focaccia | | |
| DESSERT | Fresh Fruit or Yoghurt | Fresh Fruit or Yoghurt | Lemon Cheesecake | Fresh Fruit or Yoghurt | Tahini & Dark Chocolate Cookie |

Results National Junior Indoor Rowing Championships 20.03.26

COPPER BOX ARENA

Our Indoor Rowing team represented Stormont House School in the NJIRC (National Junior Indoor Rowing Championships). It was a fantastic opportunity for our young athletes to race at a national event.

NJIRC is the World's biggest national indoor rowing competition.

The event took place at Copper Box in Stratford.

The students that took part were:

Princess - silver medal

Jayden - gold medal

Leonardo - silver medal

Sienna - silver medal

Nathan - 4th place

Kai B. - gold medal

Du'Jay - gold medal

Chiamaka - silver medal

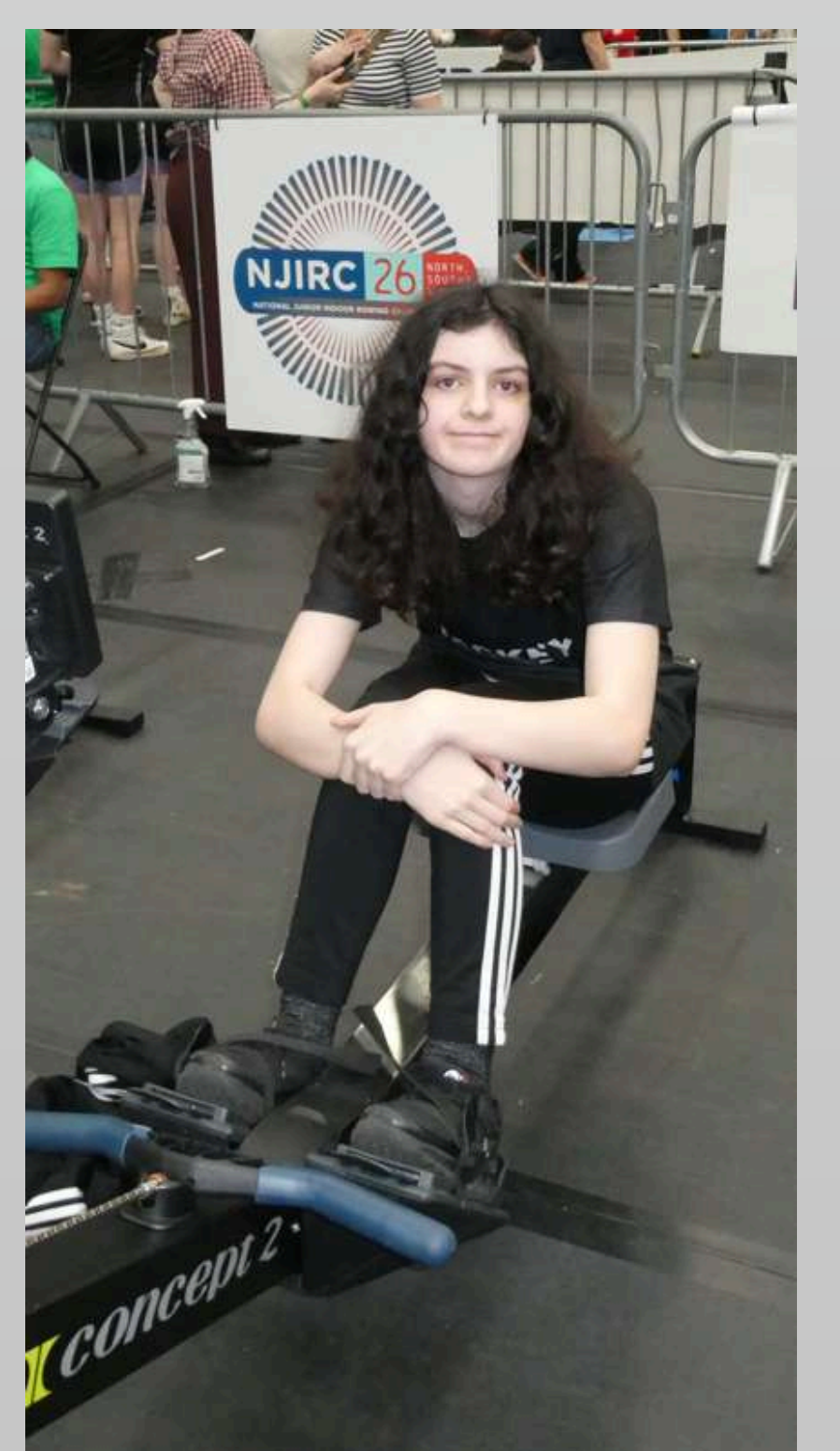
Rebecca - silver medal

April - gold medal

The team performed on a highest level and we managed to win 9 national medals!!!

It is truly an amazing achievement.

Well done to our national heroes! You made our school very proud!



[Download the poster here](#)

STORMONT HOUSE FAMILY DINNER



FRIDAY
15TH MAY

5.15PM-
7.30PM

FAMILY DINNER

Suggested Minimum Prices Below, Pay What You Can.

Max 4 Tickets Per Household

Adults: **£5** Minimum / Under 18s: **£2.50** Minimum



- Shawarma Spiced Chicken Thighs
- Cauliflower Steaks
- Pilaf Rice
- & Pomegranate Salad to Share!
- includes dessert





UK Health
Security
Agency

Click [here](#) for more information
from Vaccination UK



Meningitis and septicaemia

Severe
headache

Dislike of
bright light

**Meningitis can kill in
hours**

*These are just some of
the warning signs. If you
are worried for yourself or
someone else get medical help
immediately. Call NHS 111.*

Stiff neck

Confusion and/
or irritability

Rapid
breathing

Vomiting/
diarrhoea

Seizures/
fits

Stomach
cramps

High
temperature

Rash/
bruising rash

Drowsy or
difficult to wake

Pale blotchy
skin

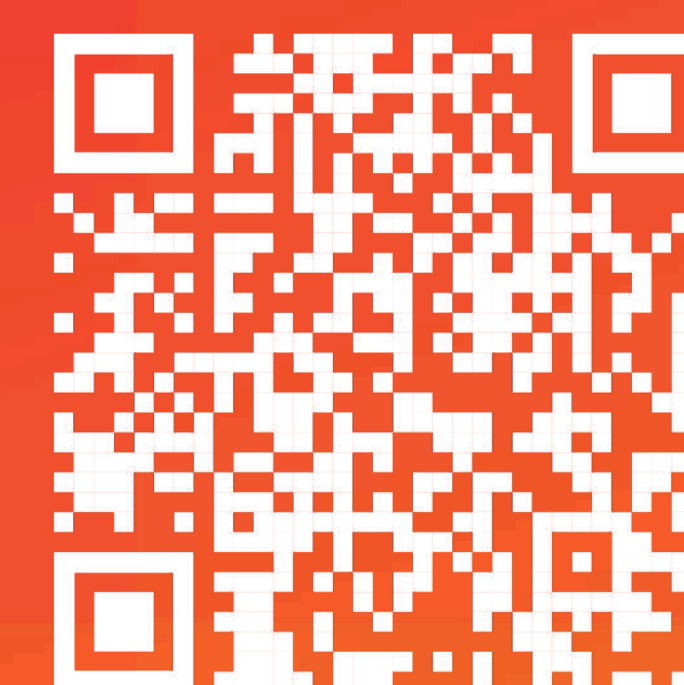
Cold hands
and feet

Joint or
muscle pain

Find out more:

Find out about the

MenACWY vaccine
www.nhs.uk/conditions/vaccinations/men-acwy-vaccine/



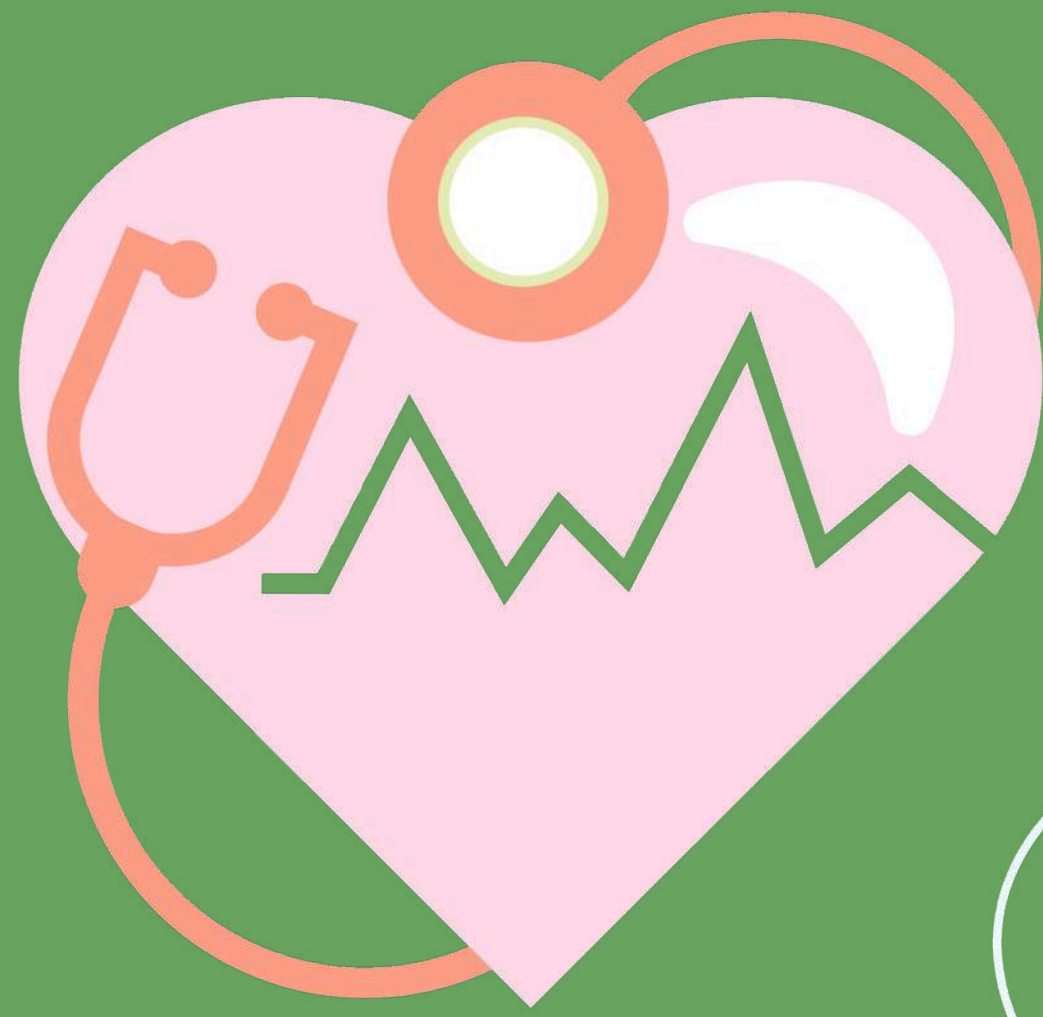
Signs and symptoms
of meningitis
and septicaemia

www.nhs.uk/conditions/meningitis/symptoms/



HEALTHY SCHOOLS PADLETS

SCAN THE QR CODES FOR LOCAL
HEALTH AND WELLBEING
INFORMATION



PRIMARY
SCHOOL
FAMILIES &
CHILDREN

SECONDARY
SCHOOL
FAMILIES &
CHILDREN

[Click here to read
the Period
Management
newsletter](#)

