

STORMONT HOUSE SCHOOL MATTERS

OUR VISION
ACHIEVEMENT FOR ALL IN A UNIQUE WORLD-CLASS SCHOOL
WEEK ENDING 11/07/2025



SHS

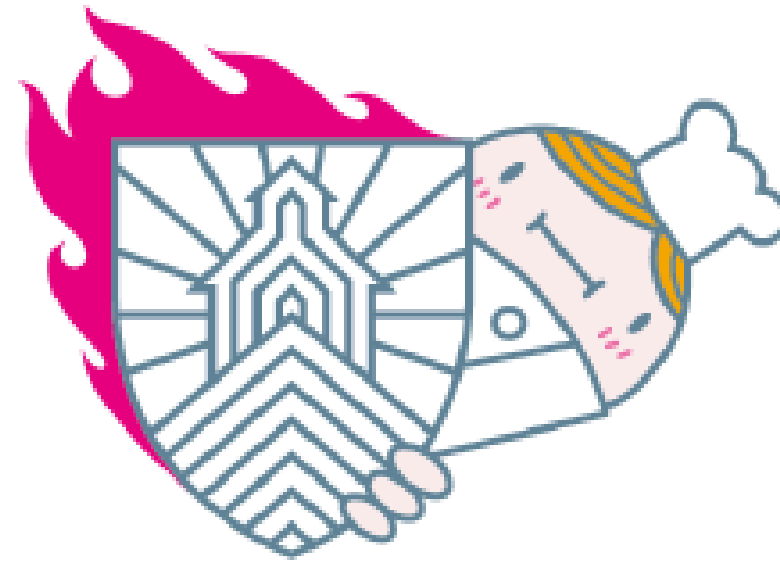
Sports day

Friday 18 July 2025
at Hackney Downs Park

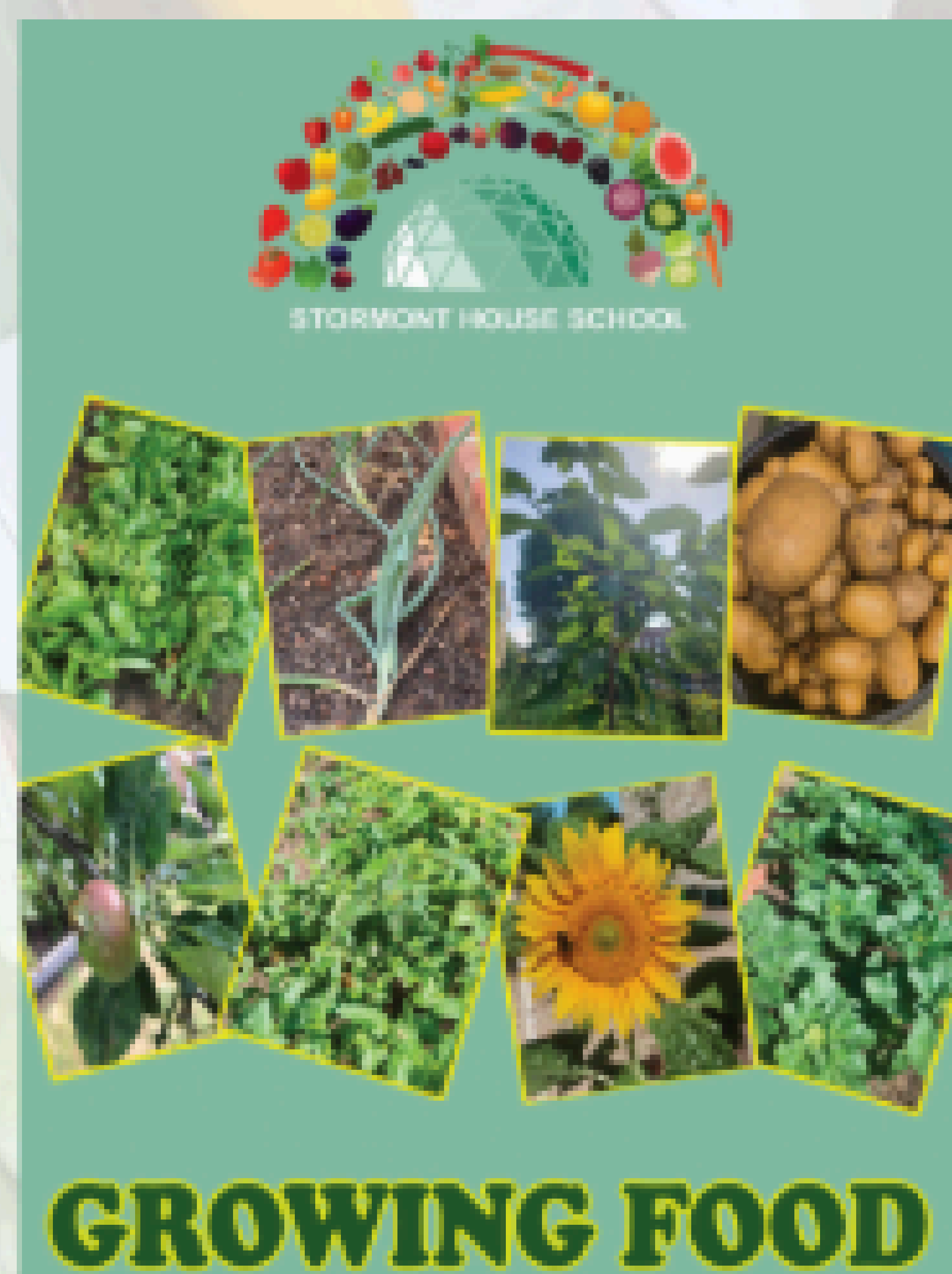
Parents / Carers are welcome to come and watch sports day. Events will start at 10am and students will wave goodbyes and return onto school grounds for lunch at 12:30pm.

WHAT'S FOR LUNCH?

Next week

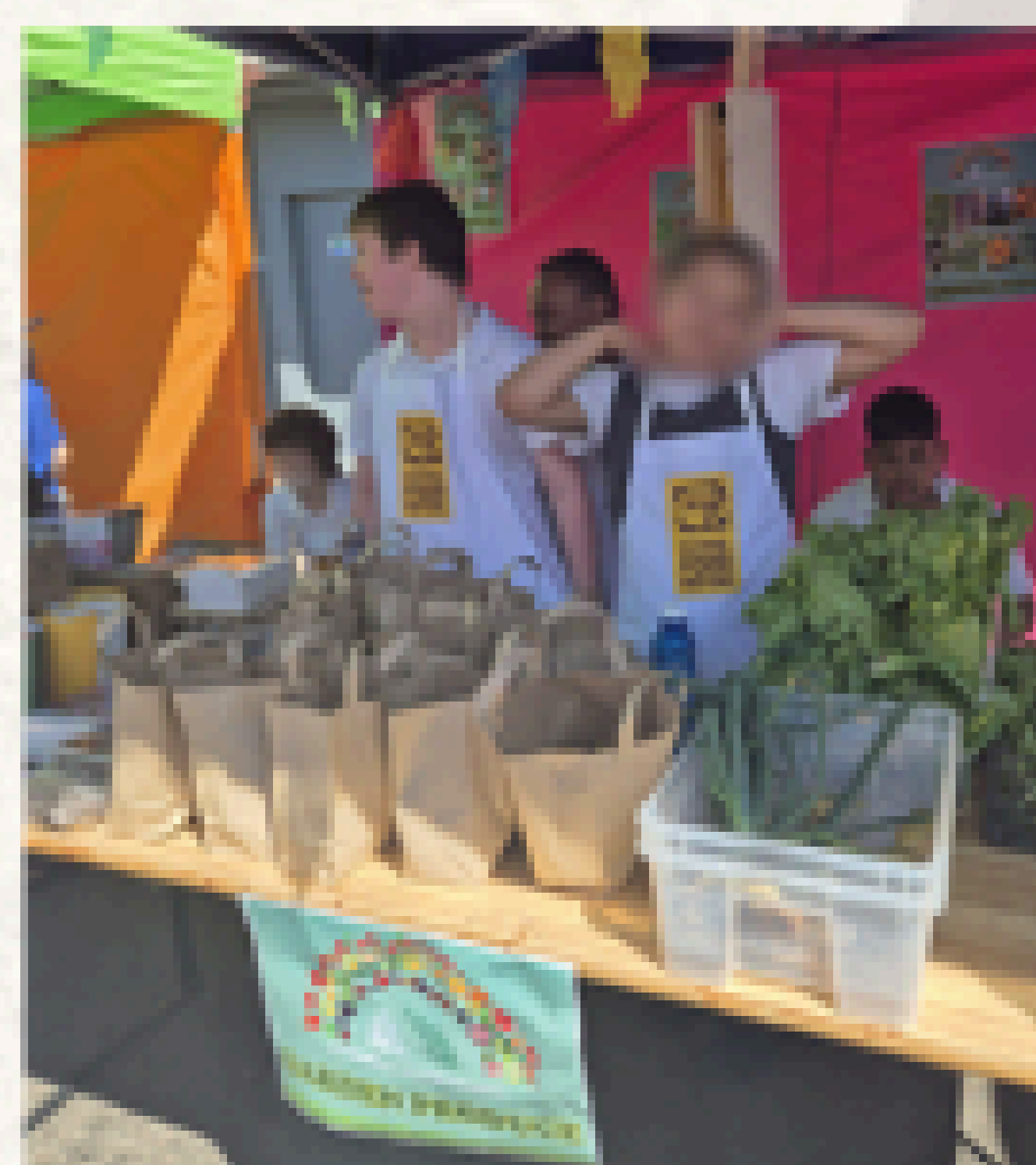
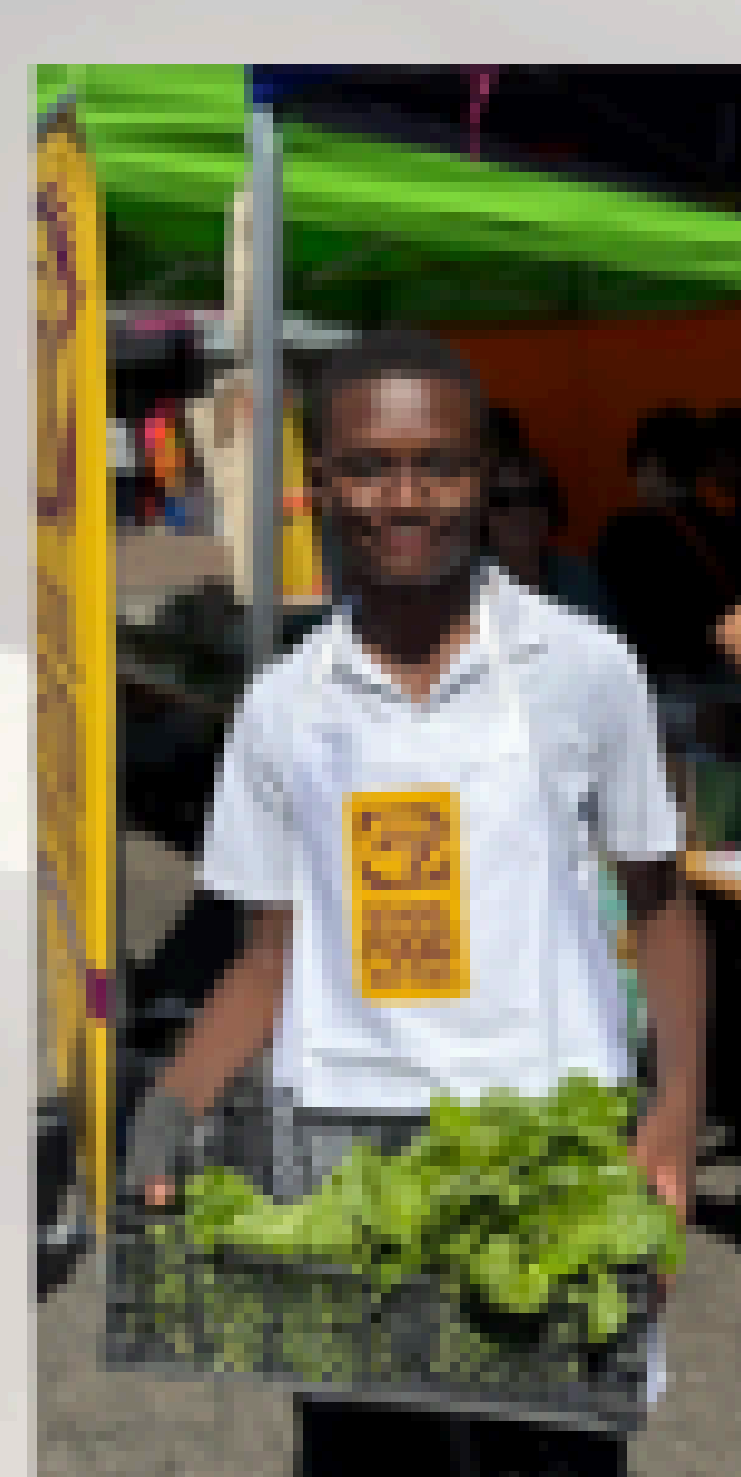


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Spaghetti with: Tuna, Chilli, Olive & Parsley Ragu OR Roasted Vegetable & Tomato Sauce	Jerk Chicken	Focaccia Base Pizza with Tomato & Vegetable Sauce, Mozzarella, Tomato & Basil	Chicken & Sweet Potato Korma Curry	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese	Jerk Vegetable & Kidney Bean Patty	Spinach, Broccoli, Garlic & Chilli Greens Sauce with Rigatoni Pasta	Paneer Korma Curry	Vegan Burger in Homemade Burger Bun
SIDES <small>Where main includes, portion will be offered as optional extra</small>	Mixed Leaf, Tomato, Cucumber, Olive & Balsamic Dressing	Rice & Peas	Mixed Salad Leaves	Cinnamon & Bay Basmati Rice	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Baked Corn on the Cob with Lime & Chilli		Aloo Saag	Roast Broccoli
BREAD	Garlic & Herb Focaccia		Garlic & Herb Focaccia – Served with Pasta	Turmeric & Cumin Seed Roti	Wholemeal Bread
DESSERT	Fresh Fruit or Yoghurt	Ginger Sponge Cake	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Apple, Raisin & Oat Flapjack



Know Your Onions

On Thursday 10th July, 8M were selling school-grown veg at Ridley Road Market as part of Know Your Onions project with Ms Sagan. Know Your Onions is a brilliant food education programme teaching young people where food comes from and how to prepare it. 8M had an opportunity to meet MP Diane Abbott and to raise money to support food education at school.



Useful links!

[Years 7 and 11 Countdown Summer 2025](#)

[Years 8, 9, and 10 Countdown Summer 2025](#)

[Year 12 Return to SHS Countdown Summer 2025](#)

[East Summer School Timetable for 12 to 14
year olds](#)

[East Summer School Timetable for 15 to 17
year olds](#)

[The 10x10 Summer Newsletter for
Secondary School Families/Carers designed
to support families over the Summer
holidays](#)

An invitation from Friends of Stormont House

Let's Get Together – You're Invited!

We'd love to help bring families together before the summer break with a relaxed and friendly outdoor get-together. It's a chance to meet, connect, and enjoy the community spirit that makes Stormont House so unique.

Here's what we're thinking:

Date: Sunday 20 July

Time: 2:00 PM

Location: Downs Park, near the play area (a great space for kids to play while adults chat)

Everyone can bring something to sit on — a rug or a camping chair — and a picnic, plus a few things to share if you'd like. We'll bring along a couple of folding tables to make it feel a bit festive, and keep things really simple and welcoming.

This would be an informal, open invitation to all families in the school — no need to RSVP, just come along if you're free. If it looks like rain, we'll cancel (fingers crossed for sunshine!).

We've done similar events in the past and found them to be a wonderful way to strengthen connections across the school community — kids playing, parents chatting, and a real sense of belonging.

**Hope to see you there!
from Friends of Stormont House**