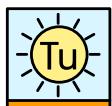











Year 11 Careers Chat











 On Tuesday 13th January I am going to a careers chat.








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 In a careers chat I will



1 


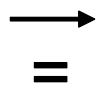


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 1. Talk to a lady called Miss Bailey who will ask me



 = 
 questions. A TA will be with me

2 



 2. Answer questions about the future or a job I might



 want to do.




 The chat will be 20 minutes



I

might



feel



nervous

or



worried.

That is ok



If

I



feel



nervous

or



worried



I can:

1



my



6 point scale



and



emotions toolbox

2



Speak

to a



trusted adult

about



my

worries.



3



Ask

a



trusted adult



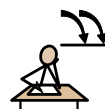
to



help



me



practice.



I



am going

to a



Year 11



careers



chat!

This is going to



help



me



prepare

for



my future!