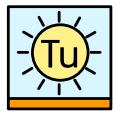


Year 11

Careers

Chat



13
13th



On Tuesday 13th January I am going to a careers chat.

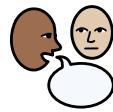


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In a careers chat

I will

1



1. Talk to a lady called Miss Bailey who will



ask

me

2

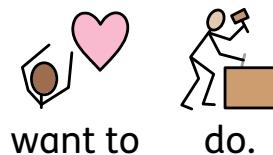


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questions. A TA will be with me

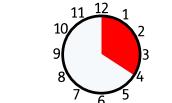
2. Answer questions about the future or a job I might



want to do.

The chat

will be



20 minutes

I might feel nervous or worried. That is ok

If I feel nervous or worried I can:

1

1. Use my 6 point scale and emotions toolbox



+

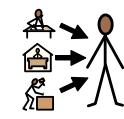


2

2. Speak to a trusted adult about my worries.



3. Ask a trusted adult to help me practice.



=

I am going to a Year 11 careers chat! This is going to



help

me

prepare for

my future!