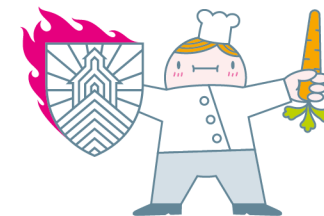


WHAT'S FOR LUNCH? WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Chicken Sausage, Broccoli, Harissa & Crème Fraiche Pasta OR Roasted Vegetable & Tomato Sauce Pasta	Boneless Panko Breaded Chicken Thigh	Spaghetti with: Lentil Bolognese OR Creamy Salmon, Parsley & Pea Sauce	Beef Birria Tacos – Slow Cooked Beef, Mozzarella & Coriander	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese	Panko Breaded Aubergine Steak Katsu Curry Sauce	Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese	Mushroom, Onion, Pepper & Cheddar Quesadilla	Pea, Feta & Leek Frittata
SIDES Where main includes, portion will be offered as optional extra	Mixed Leaf, Tomato, Cucumber, Olive & Balsamic Dressing	Wholegrain Rice		Guacamole	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Shaved Carrot, Coriander, Beansprouts, Red Cabbage & Chilli Salad	Beetroot, Orange, Spring Onion, Tomato & Basil Salad	Spiced Rice with Onion, Sweetcorn, Pepper & Kidney Beans	Roast Broccoli
BREAD	Garlic & Herb Focaccia		Garlic & Herb Focaccia		
DESSERT	Fresh Fruit or Yoghurt	Cardamon & Orange Sponge Cake	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	White Chocolate & Cranberry Cookie

Weeks commencing 21/04, 12/05, 09/06, 30/06 & 21/07 **Wherever possible, all food is homemade**

CPD Day Tuesday 22nd April – Separate menu will be displayed for staff

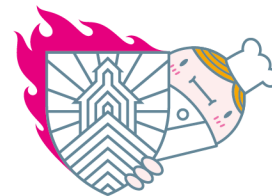
WHAT'S FOR LUNCH? WEEK 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Basil Pesto & Crème Fraiche Fusilli OR Roasted Vegetable & Tomato Sauce Fusilli	Lamb & Rosemary Sausage Roll	Mixed Vegetable Lasagne	Berberie Chicken Thigh Traybake with Sweet Potato, Orange & Chickpea	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese	Mushroom & Squash Vegan Sausage Roll	Roasted Vegetable & Tomato Sauce Fusilli	Musakhan Style Aubergine & Cauliflower with Sumac, Onion & Allspice	Mixed Vegetable Lasagne
SIDES <small>Where main includes, portion will be offered as optional extra</small>	Mixed Leaf, Tomato, Cucumber, Olive & Balsamic Dressing	Potato Wedges Homemade Baked Beans	Beetroot, Tomato, Cos Lettuce, Feta & Oregano Salad	Lemon & Coriander Rice	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Roast Broccoli			Steamed Carrots with Harissa & Coriander
BREAD	Garlic & Herb Focaccia		Garlic & Herb Focaccia		
DESSERT	Fresh Fruit or Yoghurt	Lemon Drizzle	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Dark Chocolate & Orange Cookie

Weeks commencing: 28/04, 19/05, 16/06 & 07/07 **Wherever possible, all food is homemade on site**

WHAT'S FOR LUNCH? WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Spaghetti with: Tuna, Chilli, Olive & Parsley Ragu OR Roasted Vegetable & Tomato Sauce	Jerk Chicken	Focaccia Base Pizza with Tomato & Vegetable Sauce, Mozzarella, Tomato & Basil	Chicken & Sweet Potato Korma Curry	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese	Jerk Vegetable & Kidney Bean Patty	Spinach, Broccoli, Garlic & Chilli Greens Sauce with Rigatoni Pasta	Paneer Korma Curry	Vegan Burger in Homemade Burger Bun
SIDES Where main includes, portion will be offered as optional extra	Mixed Leaf, Tomato, Cucumber, Olive & Balsamic Dressing	Rice & Peas	Mixed Salad Leaves	Cinnamon & Bay Basmati Rice	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Baked Corn on the Cob with Lime & Chilli		Aloo Saag	Roast Broccoli
BREAD	Garlic & Herb Focaccia		Garlic & Herb Focaccia – Served with Pasta	Turmeric & Cumin Seed Roti	Wholemeal Bread
DESSERT	Fresh Fruit or Yoghurt	Ginger Sponge Cake	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Apple, Raisin & Oat Flapjack

Weeks commencing: 05/05, 02/06, 23/06 & 14/07 **Wherever possible, all food is homemade on site**

Early May Bank Holiday Monday 5th May