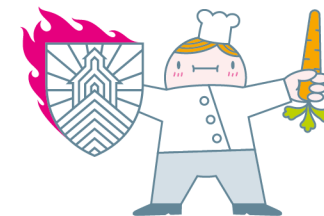


WHAT'S FOR LUNCH? WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Sweet Potato & Cauliflower Mac & Cheese OR Roasted Vegetable & Tomato Sauce Fusilli	Chicken, Leek & Squash Pie OR Lemon, Garlic & Herb Chicken Thigh	Sweet & Sour Cauliflower	Cumin Beef Koftas	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese	Celeriac, Squash & Leek Pie	Stir Fried Rice with Soy, Sweetcorn & Pea	Vegetable Falafel	Sweet Potato, Red Onion & Blue Cheese Frittata
SIDES Where main includes, portion will be offered as optional extra	Mixed Leaf, Tomato, Cucumber, Olive & Balsamic Dressing	Vegetable Gravy		Lemon & Coriander Rice Chickpea Hummus	Potato Wedges Mixed Salad Leaves
VEGETABLES	Roast Carrots	Steamed Peas Mash Potato	Garlic, Chilli, Lemon Green Beans & Tenderstem Broccoli	Cucumber, Red Onion, Curried Chickpea, Chilli, Mint, Coriander & Tomato Salad	Roast Broccoli
BREAD	Garlic & Herb Focaccia			Flatbread	
DESSERT	Fresh Fruit or Yoghurt	Snickerdoodles (Cinnamon Cookies)	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Cocoa Sponge Cake with Custard

Weeks commencing 06/01, 27/01, 24/02, 17/03 **Wherever possible, all food is homemade**

CPD Day Monday 6th January – Separate menu will be displayed for staff

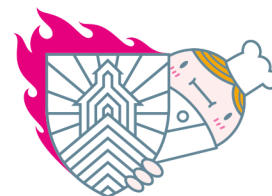
WHAT'S FOR LUNCH? WEEK 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Basil Pesto & Crème Fraiche Fusilli OR Roasted Vegetable & Tomato Sauce Fusilli	Berberé Chicken Thigh Traybake with Sweet Potato, Orange & Chickpea	Mixed Vegetable Lasagne	Boneless Panko Breaded Chicken Thigh Katsu Curry Sauce	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese	Mushroom, Onion, Pepper & Cheddar Quesadilla	Roasted Vegetable & Tomato Sauce Fusilli	Panko Breaded Aubergine Steak Katsu Curry Sauce	Spinach, Feta & Lemon Filo Pie
SIDES Where main includes, portion will be offered as optional extra	Mixed Leaf, Tomato, Cucumber, Olive & Balsamic Dressing	Spiced Rice with Onion, Sweetcorn, Pepper & Kidney Beans	Beetroot, Orange, Tomato & Mixed Leaf Salad with Balsamic Dressing	Steamed Rice	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Pickled Guindilla Chilli's		Shaved Carrot, Coriander, Beansprouts, Red Cabbage & Chilli Salad	Roast Broccoli
BREAD	Garlic & Herb Focaccia		Garlic & Herb Focaccia		
DESSERT	Fresh Fruit or Yoghurt	Blueberry Cupcakes	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Lemon Cheesecake

Weeks commencing: 13/01, 03/02, 03/03, 24/03 **Wherever possible, all food is homemade on site**

WHAT'S FOR LUNCH? WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Beetroot & Ricotta Farfalle OR Roasted Vegetable & Tomato Sauce Fusilli	Beef Burger	Focaccia Base Pizza with Tomato & Vegetable Sauce, Mozzarella, Tomato & Basil	Musakhan Style Chicken Thighs with Sumac, Onion & Allspice	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese	Vegetable Burger	Smoky Charred Aubergine & Tahini Creamy Pasta	Musakhan Style Aubergine & Cauliflower with Sumac, Onion & Allspice	Vegetable Scotch Egg
SIDES Where main includes, portion will be offered as optional extra	Mixed Leaf, Tomato, Cucumber, Olive & Balsamic Dressing	Potato Wedges	Mixed Salad Leaves	Cinnamon & Bay Rice	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Sweetcorn, Carrot & Cabbage Slaw	Honey & Thyme Roast Carrots	Tamarind & Tomato Braised Chickpeas	Roast Broccoli
BREAD	Garlic & Herb Focaccia	Burger Buns	Garlic & Herb Focaccia – Served with Pasta	Flatbread	Wholemeal Bread
DESSERT	Fresh Fruit or Yoghurt	Chocolate & Banana Cookies	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Apple & Rhubarb Crumble with Custard

Weeks commencing: 20/01, 10/02, 10/03, 31/03 **Wherever possible, all food is homemade on site**