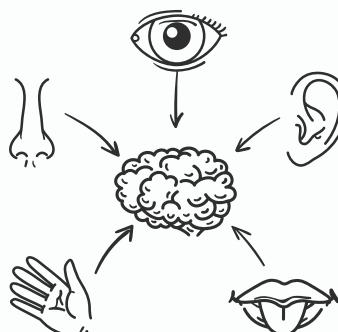


My Sensory World

- Does the taste, smell or texture of certain foods make eating difficult?
- Is background noise or bright lighting distracting you from schoolwork?
- Are you struggling with clothing because the fabric irritates your skin?

Sensory differences can make it hard to do the things we want and need to do.

Come to our group for young people aged 12-18:



Learn about sensory processing



Share ideas and experiences



Explore strategies and learn to explain your needs.



Scan the QR code or use the link for details, dates, and to book your place



<https://www.eventbrite.co.uk/e/my-sensory-world-teens-workshop-tickets-1981740772999>