



# Makaton for Parents

## Beginners Workshop



**Dates of course: Wednesdays 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup> January 2026**

**Time: 9.30am-12.30pm**

**Venue: Online**

### What is Makaton?

Makaton is a language programme which uses gestures and actions alongside speech and symbols or pictures. For many children, Makaton can help support the development of their ability to understand and express themselves. Many people know Makaton from Mr Tumble on CBeebies – 'Something Special'.

### What will happen on the course?

On this course, you will learn over 200 signs and symbols and ways in which you can use these at home to help your child. You will also get the chance to meet and share ideas and experiences with other parents.

### How long is the course?

*The course consists of 4 sessions of 3 hours each.* You need to be able to attend all four online sessions. You will receive manuals and a certificate from Makaton Charity, for this accredited Parent Workshop covering Makaton Levels 1 and 2.

### Who is the course for?

The course is for parents and carers of children or young people living in Hackney who will benefit from using Makaton to develop their communication. Your child may have additional needs or a communication difficulty and be known to services at the Hackney Ark or Hackney Education.

### What do I need to do next?

You will need to contact the Speech and Language Therapy Admin team to tell them you would like to come on this course. **Please call them on 020 7683 4262, or email [huh-tr.sltinfo@nhs.net](mailto:huh-tr.sltinfo@nhs.net) to book your place.** (You may need to leave a message, but leave your name and number and someone will return your call).

Please book your place as soon as possible, as places are limited.