

# You are Invited to Parent & Carer Coffee Mornings



**Dear Parent/Carer,  
Join us for warm and  
welcoming Coffee Mornings**

## **What to expect:**

Meet and share experiences with fellow parents and carers and build connections. You will get the opportunity to have an informal chat with the SENCo and enjoy a supportive space to ask questions and find helpful resources.

**We look forward to seeing you on the  
following dates and times:**

**Wednesday 08.10.25 @ 9.15am - 10.30am**

*‘Welcome back to school’ (Ms Sagan)*

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**Monday 03.11.25 @ 11.15am-12.30pm**

*‘Teenage brain’ (Educational Psychologist)*

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**Monday 01.12.25 @ 11.15am - 12.30pm**

*‘Emotion Coaching’ (Educational Psychologist)*

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**Wednesday 07.01.26 @ 9.15am - 10.30am**

*‘Practical strategies for dressing’ (Occupational Therapist)*

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**Monday 02.02.26 @ 11.15am - 12.30pm**

*‘Supporting families and siblings of SEND students’  
(Educational Psychologist)*